

Build Your Own Avocado Toast

1 Slice of Toast + Avocado (base) | **8.00**

Toast Options	Add Protein	Add Vegetables + 2
White	Egg + 2	Pumpkin Seeds
Pumpernickel	Bacon + 4	Feta Cheese
Whole Wheat	Sous Vide Turkey + 7	Arugula
Multigrain	Smoked Salmon + 7	Red onions
Gluten Free (+2)		Cherry Tomatoes

Add a Side Salad | **5.00**

Bagel + Spread

Bagel | **2.50**

Bagel	Spread	Extras
Plain Bagel	In - House Jam	Smoked Salmon + 7
Multigrain Bagel	Butter	Bacon + 4
Sesame Bagel	Peanut Butter +1	Egg + 2
Everything Bagel	Cream Cheese + 1	
Cinnamon Raisin Bagel		

Breakfast Sandwiches

B.E.L.T + Small Coffee | 10.0

Bacon, Egg, Lettuce, Tomato, and Garlic Aioli on an English Muffin

Veggie Breakfast Sandwich + Small Coffee | 10.0

Egg Whites, Spinach, Sautéed Mushrooms, Tomato, and Garlic Aioli on an English Muffin

Bagel (+1) | Plain Croissant (+2.5) | Gouda Cheese (+2) | Cheddar Cheese (+2)